



## Read Proverbs 11:3

DAY 1

Have you ever made a promise you didn't keep? How do you think that made the other person feel? When we say we'll do something and then don't follow through, we aren't honest with the people around us. And honesty, saying what you mean and meaning what you say, is a very big deal.

Let's say you make a promise to your little brother that you'll play with him when you finish your homework. But then a friend knocks on the door and you head outside to play, completely forgetting about your brother. Then it's dinner time. Then bedtime. You never even bothered to say you were sorry and your little brother is super disappointed. Is that honoring your brother? No way.

When we're honest with our answers and do what we say we will do, then others can trust us. Let's do what we say we will do so that others can rely on us.

On a piece of paper, write the following "God, help me make promises I can keep and keep the promises I make so that others can trust me." Repeat this as a prayer today.

## Read James 5:12

DAY 2

David made a promise to Jonathan to take care of his family. And he kept that promise, even after Jonathan was gone. Because Mephibosheth was crippled, he couldn't work or provide for himself. By keeping his promise, Mephibosheth received the care he needed for the rest of his life.

The promises you make may not carry quite so much weight. After all, promising to clean your room isn't the same as promising to provide for someone's else's family. But the promises you make are still important. Think of those promises like bricks. Every time you make a promise (you say, "yes, I will"), you add another brick to that wall of trust. When your "yes" means "yes" and your "no" means "no", you'll be building a wall of trust that protects your relationship with others.

Grab some building blocks. Think about the last week. For every promise you've made and kept, add a brick. Keeping adding bricks this week as you keep your word. If you break a promise, tear that wall down as a visual reminder of how easily trust can be broken.

Ask God to help you honor others and build a strong wall of trust by keeping your promises.

## Read Proverbs 15:33

DAY 3

When someone says I'm so proud of you, that makes you feel good. When your teacher draws a big smiley face at the top of the page or your mom prepares a big meal for your birthday, that makes you feel honored doesn't it? Honor isn't something you can demand or expect. Honor is letting someone know you see how valuable you really are. Your job as a follower of Jesus is to put others first, think about how you can help and care for them and to do what you say you'll do so others can trust you.

Ask your mom or dad to share a time when they felt honored. What did the other person do or say to make them feel this way?

Thank God for the people around you, your parents, your siblings, your friends, and teachers. Tell Him how much you love Him and thank Him for sending Jesus.



## Read Proverbs 21:3

DAY 4

Finish the words of the verse by adding the correct ending from the box.

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acce\_\_\_\_\_ th\_\_\_\_\_ mo\_\_\_\_\_ th\_\_\_\_\_ sacrifi\_\_\_\_\_.

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It isn't always easy to do what we'll say we'll do. Sometimes we get busy or we forget. But what if we thought about the promises we make before we make them?

Even if you break a promise, remember, God loves you. He is always ready to forgive and to help you make a different choice next time. He is with you and He wants to help you do what is right and fair.

Think about the promises you make before you make them so that you can be sure and follow through. Ask God to help you with this so can honor others.